



1-866-FAM-PACT

Highlights:

- Nearly 1 in 20 young women aged 15-19 gave birth in California in 2001.³
- Adolescents and young adults have the highest rates of chlamydia and gonorrhea, the most common STIs in California.
- California’s teen population (15-19 years) is expected to grow by more than one-third over the next decade.¹³
- The Family PACT Program uses innovative outreach techniques to reach this high priority population.
- Adolescent participation in Family PACT increased 73% in 3 years.
- Family PACT services for adolescents are free and confidential.
- Family PACT helps prevent teen pregnancy and STIs by making information and services available to adolescents **before** they become sexually active.
- Family PACT averted an estimated 24,000 teen pregnancies in its first year.

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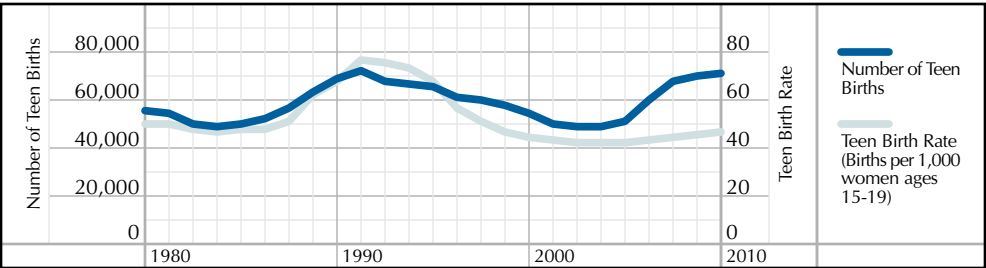
Fact Sheet On Adolescent Services

Background

Adolescence is a time when many young people become sexually active and develop values and behaviors that continue through adulthood.^{1,2} It is also a time of heightened risk for unintended pregnancy and sexually transmitted infections (STIs).

- While California’s teen birth rate has reached a record low, it still remains high: 46 out of every 1,000 young women 15-19 years old gave birth in 2001.³
- Almost 80% of teen pregnancies are unintended, and 36% result in abortion.^{4,5}
- An estimated 40% of high school students in California are sexually active.⁶
- Two-thirds of chlamydia cases and half of gonorrhea cases reported in California occur among individuals under 25 years of age.⁷
- Recent declines in teen birth rates have been attributed to delayed sexual activity, increased use of condoms and more effective long-acting hormonal birth control methods, especially contraceptive injections.^{8,9}
- Concerns about cost and confidentiality, as well as lack of transportation or knowledge of where to obtain services, prevent many teens from accessing services.^{1,10,11}

California’s teen birth rate has declined significantly. However, because the number of teens in the state is growing, the total number of teen births is expected to increase.⁴



Family PACT Program

California’s Family PACT Program provides clinical services for family planning reproductive health at no cost to low-income residents, filling a critical gap in health care for the indigent, uninsured, and working poor. Women and men are eligible if they reside in California, are at risk of pregnancy or causing pregnancy, have a gross family income at or below 200% of the Federal Poverty Level, and have no other source of health care coverage for family planning services. Eligibility for adolescents is not based on parental income or insurance coverage, and parental consent is not required. The Family PACT Program is administered by the Department of Health Services, Office of Family Planning (OFP). OFP also administers the TeenSMART Program, which funds enhanced counseling services for adolescents at family planning providers, and the Community Challenge Grants Program, which supports community-based teen pregnancy prevention programs throughout California.

A federal Medicaid waiver approved in December, 1999 helps fund Family PACT services and targeted outreach to adolescents. Family PACT adolescent services include:

Services

- Pregnancy testing
- Contraceptive methods & supplies
- Emergency contraception
- Hormonal contraception without a required pelvic exam
- Education & counseling for all method options
- Periodic physical exam
- STI testing & treatment
- HIV screening
- Referrals for services not covered by the program

Outreach and Training

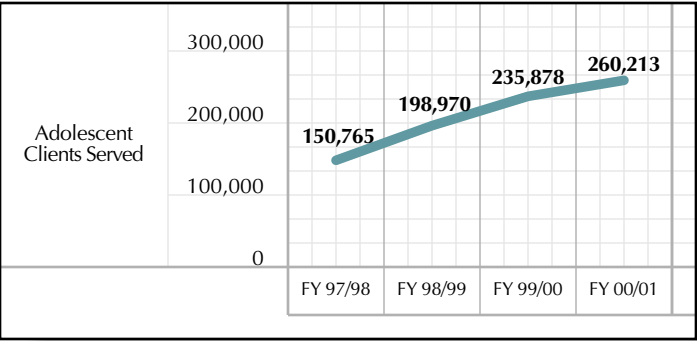
- Public education and marketing targeting adolescents in counties with high pregnancy rates, including the “It’s Up To Me” multimedia campaign to prevent teen pregnancy.
- Recruitment and training of providers willing to serve teens.
- Distribution of guidelines for providing family planning services to adolescents.

Service Utilization

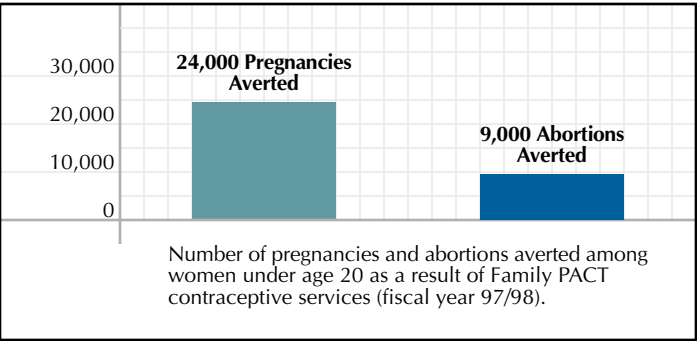
The number of adolescents receiving Family PACT services grew 73% in the program’s first three years, from 150,000 in fiscal year 97/98 to over 260,000 in fiscal year 00/01.¹² As clients, adolescents have multiple service needs. In fiscal year 00/01:

- 44% of female clients under 20 years old received oral contraceptives, 16% received contraceptive injections and 7% emergency contraception.
- 55% of female adolescent clients and 72% of male adolescent clients obtained barrier methods, such as condoms.
- 57% of adolescent clients were tested for STIs, such as chlamydia, gonorrhea, and HIV.
- 73% of adolescent clients received services at public or non-profit providers.

Over 260,000 adolescents received Family PACT services in fiscal year 00/01.



Family PACT is preventing teen pregnancy in California.



Demographic Characteristics

One out of every five Family PACT clients is under 20 years old.

- Two-thirds of adolescent clients (67%) report English as their primary language and 29% report Spanish.
- Young men constitute 9% of all adolescent clients.

Family PACT is serving adolescents of diverse racial and ethnic groups.

Race/Ethnicity of Family PACT Adolescent Clients Compared to California’s Adolescent Population ¹			
	Family PACT FY 00/01	California 2000	
Hispanic	50%	36%	
White	32%	44%	
African American	8%	8%	
Asian, Filipino, and Pacific Islander	6%	12%	
Native American and Other	4%	1%	
Note: Percentages do not sum to 100% due to rounding.			

Conclusion

California’s teenage population aged 15-19 is expected to increase from 2.4 million to 3.2 million over the next decade, more than any other group of reproductive age.¹³ While teenage pregnancy and STIs will continue to be major health challenges for the State, access to high-quality family planning reproductive health services can help prevent these outcomes. Family PACT is an opportunity for an adolescent to establish their own relationship with a personal clinician prior to the start of sexual activity. Family PACT’s confidential, comprehensive, no-cost services for adolescents represent an important investment in California’s future.

This information was compiled by the University of California, San Francisco, Center for Reproductive Health Research & Policy under contract #00-90982 with the California Department of Health Services – Office of Family Planning.

¹ The Alan Guttmacher Institute. *Sex and America’s Teenagers*. New York, NY; 1994.
² Dryfoos JG. *Adolescents at Risk: Prevalence and Prevention*. New York, NY: Oxford University Press; 1990.
³ State of California, Department of Finance, Demographic Research Unit. *Historical and Projected Births by County, 1970-2011, with Births by Age of Mother and Fertility Rates*. Sacramento, California, August 2002.
⁴ Henshaw SK. Unintended pregnancy in the United States. *Fam Plann Perspect*. 1998;30(1):24-29 & 46.
⁵ The Alan Guttmacher Institute. Contraception counts: California. 2002. Available at: http://www.guttmacher.org/pubs/state_data/states/california.html. Accessed August 26, 2002.
⁶ Clayton SL, Brindis CD, Hamor JA, Raiden-Wright H, Fong C. *Investing in Adolescent Health: A Social Imperative for California’s Future*. San Francisco, CA: University of California, San Francisco, National Adolescent Health Information Center; 2000.
⁷ State of California, Department of Health Services, STD Control Branch. *Sexually Transmitted Disease in California, 1999*. Sacramento, CA; July 2001.
⁸ Darroch JE, Singh S. Why is Teenage Pregnancy Declining? *The Roles of Abstinence, Sexual Activity and Contraceptive Use*. New York, NY: The Alan Guttmacher Institute; 1999.
⁹ Center for Disease Control and Prevention. Trends in sexual risk behaviors among high school students – United States, 1991-1997. *MMRW Morb Mortal Wkly Rep*. 1998;47 (36):749-52.
¹⁰ Zabin LS, Clark SD Jr. Why they delay: a study of teenage family planning clinic patients. *Fam Plann Perspect*. 1981;13 (5):205-217.
¹¹ Cheng T, Savageau J, Sattler A, DeWitt T. Confidentiality in health care: a survey of knowledge, perception, and attitudes among high school students. *JAMA*. 1993; 269 (11):1404-1407.
¹² Family PACT data presented in this fact sheet are drawn from Family PACT enrollment and claims data, and the Family PACT Program Evaluation Report. Unpublished report. 2000.
¹³ State of California, Department of Finance. *County Population Projections with Age, Sex and Race/Ethnic Detail*. Sacramento, California, December 1998.